The Mid-Atlantic Pension Counseling Project (MAPCP) provides information, advice, and representation to workers and their family members seeking to access pension benefits. MAPCP helps workers and retirees track down pension information, determine whether they are entitled to benefits, and ensure that they receive the correct amount. We assist callers with questions and problems concerning all types of retirement income plans offered by private and government employers. We advocate for workers and their families whose benefits have been miscalculated or unfairly denied. MAPCP is generously funded by the U.S. Administration on Aging, and has different eligibility guidelines from other LSNYC projects: we can assist callers regardless of income if the caller, their spouse, employer, or pension plan is located in New York or New Jersey. When plan advocacy is not successful, funding from other sources enables us to represent low-income New Yorkers whose benefit problems can only be redressed by enforcing their pension rights in court. MAPCP is part of Brooklyn Legal Servicesâ€™ Workersâ€™ Rights and Benefits Unit.

To get help with a pension question, please call 800-355-7714.