Immigrants who have just arrived in New York may be eligible for benefit programs that provide money and medical care, including:

- **CASH ASSISTANCE** provides you with some money twice a month so you can buy things you need, like toiletries and clothes.
- **MEDICAID** pays for your medical care, like going to the doctor or getting medications.
- **WIC** helps women, infants and children buy things they need, like formula or cereal.

**WHO IS ELIGIBLE?**
- You do NOT need to be a US citizen or have a green card (Lawful Permanent Resident status) to receive these benefits.
- Applying for WIC and Medicaid should NOT harm your immigration status and applying for cash assistance will not automatically deem you a “public charge”.
- The “public charge” rule does not apply to asylees, refugees, VAWA self-petitioners, U-visa and T-visa holders; special immigrant juveniles; and certain individuals paroled into the U.S.
- Most immigrants do not even qualify for the benefit programs that make a person a “public charge.”

**HOW DO I APPLY?**
- You can apply for Cash Assistance and Medicaid through an agency called the NYC Human Resources Administration (HRA for short) no matter your immigration status.
- HRA must provide services in your language and MUST take your application.
- HRA requires a short interview with you, and you can ask to complete it the same day you go to apply.
- To apply for WIC call 1-800-522-5006.

Scan the QR Code or visit legalservicesnyc.org/immigrantbenefits for more information on how to apply for Cash Assistance and Medicaid.